

WHAT IS A CLOSE CONTACT?

COVID-19 is spread through close contact with an infected person. York Region Public Health uses contact tracing as an effective tool to slow and control the spread of COVID-19. The process involves mapping the ring of close contacts around a probable or confirmed COVID-19 case.

CLOSE CONTACT



Was within 2-metres of you for more than 10 minutes

Lives in the same household or provides care to you





Someone you had close physical contact with, such as shaking hands

A person you accidentally coughed, sneezed or spit on while talking



NOT CLOSE CONTACT



You maintained a proper physical distance of at least 2-metres

Was at least 2-metres away from you for less than 10 minutes





Someone you were briefly in the same room with

A person you passed walking on a sidewalk or trail



HOW DOES COVID-19 SPREAD?

COVID-19 is spread through the air by infectious droplets when someone coughs, sneezes or spits when they talk. To prevent the spread of COVID-19, maintain a physical distance of at least 2-metres (6-feet) from others and use a mask or face covering where this is not possible. Wash your hands often with soap and water or use an alcohol-based hand sanitizer and increase how often you clean and disinfect commonly touched surfaces.

For more information, visit york.ca/COVID19

